

Seven Steps to Sustainable Endoscopy

1

Avoid Unnecessary Procedures

Perform only essential endoscopies, use recommended surveillance intervals

2

Energy Smart

Power down when done, CO₂ off when not in use

3

Waste Less, Do More

Reuse, recycle, compost

4

Stay Sealed

Keep kits closed until they're absolutely needed

5

One Tool Rule

Use one biopsy forceps for bidirectional endoscopy (or one snare etc)

6

Sort It Out

Waste segregation in the endoscopy suite is key

7

Go Paperless

Go paperless by use electronic endoscopy reporting and aftercare information for the patient